

2021 Dates

January 19th

March 17th

May 18th

July 20th

September 21st

November 16th



Diabetes Support Group

Adams Memorial Hospital

11:00am-12:00pm in the Berne Room

The American Diabetes Association (ADA) encourages participation in diabetes support groups. Diabetes can feel like an overwhelming disease because it impacts so many areas of your daily life. By sharing experiences, group members can feel part of a community and gain a greater sense of value and power from this feeling of belonging. Additional benefits of participating in a support group are reducing distress, depression, anxiety, fatigue, receiving practical suggestions or information about treatment options, share diabetes recipes, and learn from guest speakers.



Member of Adams Health Network

No registration is needed and there is no cost to attend.

Located at Adams Memorial Hospital in the Berne Room.

Please contact Chelsi Line at (260) 724-2145 ext. 13401 with any questions.