



Rehab and Recover at Adams Memorial Hospital

After receiving care in a hospital for an illness, stroke, injury or surgery, you may be on the road to full recovery but still need some additional care before returning home. Skilled nursing is a level of hospitalization care for patients who require additional services beyond their hospital stay. Skilled nursing services (Swing Bed is the term if you are on Medicare or a Medicare Advantage plan) are extremely beneficial when a patient is ready to leave the acute care level of a hospital stay, but is not yet well enough to return home.

At Adams Memorial Hospital, skilled nursing patients are cared for on the Acute Care floor of the hospital by our staff of experienced health care professionals. If you are a patient coming from another facility, a discharge planner from that facility will assist in transferring you to Adams for skilled nursing services. In most cases, if you are already a patient at Adams and need additional care before you can safely go home, you can transition to skilled care often without changing the room you are currently in.

As a skilled nursing patient at Adams, you will receive our high quality of care in a private room, with a better staff-to-patient ratio than larger hospitals or nursing homes.



Member of Adams Health Network

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Swing Bed/Skilled Nursing Requirements

Length of Stay

The length of stay in a Swing Bed is dependent upon individual patient needs and their recovery progress. Medicare will cover up to 20 days at 100% providing the patient has a skilled need. It is very important to understand that Swing Bed care requires the use of the Medicare patient's skilled nursing facility benefit. A swing bed is not intended for permanent long term care placement; it is for continued care until the patient returns home or transfers to a long term care facility.



Patients are discharged from Swing Bed Services when:

- They have achieved the maximum benefit of skilled nursing or rehabilitation, as determined by the physician and your insurance company.
- The care being provided has become custodial in nature.
- The patient's continuing care requires placement in a long term care facility and there is a change in the patient's needs or level of care.

Swing Bed/Skilled Nursing Admission Criteria

- Medicare Part A Benefits or skilled nursing coverage on your Medicare Advantage or Commercial Insurance plan.
- Medicare requires three consecutive days of inpatient care in an acute care hospital within the past 30 days. Observation stays in a hospital do not count. Medicare Advantage and Commercial Insurance plans may (and often do) have different rules.
- Physician referral for necessary skilled nursing services.

Can I be a self pay patient and receive skilled nursing care at Adams?

Skilled nursing care is available on a private pay basis if you don't have insurance coverage or your swing bed/skilled nursing benefits have been exhausted. All private-pay charges will be paid on a seven-day basis to prevent any misunderstanding of long-term accumulated charges.

Our Therapy Programs are a Step Above

Our Physical, Occupational, and Speech Therapy programs help return patients back to independence as quickly and safely as possible. Our therapists help our patients exceed expected outcomes. Our therapy team are hospital therapists, not a contract therapy company that you would experience in most long term care facilities. The same therapists who cared for you during your inpatient stay at Adams Memorial Hospital will be caring for you during your skilled stay.

So What is Medicare's Swing Bed Program?

To serve the needs of patients in smaller communities, Medicare established the Swing Bed program. A swing bed is the term Medicare uses to describe a hospital room that can switch from acute care to skilled care. The actual bed does not change, what changes is the level of care that the patient in that room receives. If you are not on Medicare or a Medicare Advantage plan, you receive the same care, it is just called a skilled nursing stay.



What services are covered on a stay?

- Rehabilitation services following strokes and joint replacements (may include physical, occupational or speech therapy)
- Frequent laboratory monitoring
- Instructions in ostomy or stoma care
- Tube feedings and nutritional stabilization
- Care of decubitus ulcers
- Qualifying bowel and bladder care
- Respiratory therapy services
- IV medications or medications requiring monitoring by professional staff
- Wound management/sterile dressing changes
- Terminal care for patients needing pain control or skilled supportive care.

NOTE: This is not an exhaustive list of all skilled nursing services.
Contact us to determine if your needs are covered by your insurance.