

# BACK OR LEG PAIN?

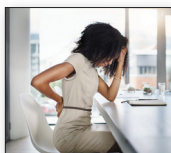
## TAKE THE TEST



Have you tried treatments like physical therapy, injections or pain medications for 6 months or more?



Is there pain or weakness in your legs, buttocks, or back? Does walking or standing increase the pain?



Do you lean forward or sit down to increase comfort?

Do you want a more active lifestyle?

If you answered YES to any of these questions, it's time to ask about the

## **Vertiflex Procedure.**

For more info on Vertiflex Procedure and LSS turn card over

We are committed to providing a comprehensive approach to treating a wide variety of painful conditions.

Our goal is to reduce suffering and allow you to return to a more active and productive lifestyle.

# We Can Help!

Make an appointment

**260-724-2145 x11203**



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MEDICAL GROUP PAIN MANAGEMENT CLINIC



Using your phone camera, take a pic of the QR Code at left. This will launch the website shown below where you will find details about the Vertiflex Procedure and Lumbar Spinal Stenosis or LSS.

or type in to your browser:

[www.pain.com/en/chronic-pain-solutions/vertiflex-procedure.html](http://www.pain.com/en/chronic-pain-solutions/vertiflex-procedure.html)

The screenshot shows the website interface for the Vertiflex Procedure. At the top, there are navigation links: "Find a Pain Doctor", "About Pain.com", "Search", and the Boston Scientific logo. Below this is a secondary navigation bar with "Pain.com" and menu items: "Understand Your Pain", "Explore Solutions for Your Relief", "See Evidence of Real Relief", and "Get Personal Support and Resources". A "Find Your Relief" button is also present.

The main content area features a white box with the following text:
   
Home - Explore Solutions for Your Relief - Vertiflex Procedure
   
**The Vertiflex™ Procedure:**
  
Make space for life
   
When simple activities such as walking or standing become a burden, you may find relief from leg and back pain with the Vertiflex Procedure.

To the right of this text is a photograph of a woman with short grey hair, wearing an orange button-down shirt, sitting in a wooden chair and smiling.

Below the white box is a diagram of the human spine. On the left, a silhouette of a person is shown with a red circle on their lower back labeled "Pinched nerve". On the right, a cross-section of the spine is shown with labels: "Healthy nerve" (pointing to a blue circle), "Disc" (pointing to a blue circle), and "Vertebra" (pointing to a grey circle). A red circle highlights a "Pinched nerve" where the nerve is compressed between the vertebrae.

To the right of the diagram is the text:
   
**What is lumbar spinal stenosis (LSS)?**
  
Leg and back pain may be the result of a condition called lumbar spinal stenosis. LSS leads to the narrowing of the space in the lower (or lumbar) spine where nerves pass through. The narrowing of the space causes constriction on the nerves, which may result in pain and discomfort down the back and into the legs.
   
Pain is usually worsened when standing or walking, and leaning forward or sitting down provides relief. For most people, LSS develops gradually over time and is most common in adults over the age of 60.



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**Dr. Kinne**

**INTERVENTIONAL SPINE/  
PAIN MANAGEMENT  
& SPORTS MEDICINE**



Dr. Robert Kinne is a physical medicine and rehabilitation specialist. He sees patients for general physical medicine and rehab, regenerative medicine, neuromuscular medicine, pain medicine, and sports medicine (non-surgical).

Dr. Kinne has more than 7 years of diverse experience in physical medicine, rehabilitation, and regenerative medicine. His passion is regenerative medicine. He stated, regenerative medicine is less invasive, causes less pain, and causes less scar tissue.