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Get Free Screenings & Information

- Healthy Lifestyle Screenings
 - Blood Pressure, Cholesterol and Glucose Checks
 - Nutrition Screenings
 - Diabetes Support and Education & A1C Checks
- Behavioral Health Services
 - Self Care
 - Anxiety & Depression
 - Postpartum Mental Health Screens
 - Parenting Resources & Support
 - Coping Skills
- Fall Risk Screenings
- Skin Checks & Hernia Screenings
- Hearing Screenings
- Speech & Language Screenings
- Basic Cognitive Screenings
- Women's Health Resources

AND MORE!!

Friday, October 20, 2023

at South Adams Senior Center 825 Hendricks St., Berne, IN 46711 6:30AM-12:00PM An Effort To Raise Public Health Awareness In <u>Our Comm</u>unity!

CHEM 30 - \$40

CHEM 30 + TSH -\$55

PSA (For Men) - \$25

TSH (Thyroid) -\$20

CBC - \$25

FLU SHOTS AVAILABLE! Able to file through insurance <u>OR</u> Self Pay Cost is \$25

For more information P:260-724-2145 ext. 12258 or e-mail education@adamshealthnetwork.org

EAST CENTRAL INDIANA AREA HEALTH EDUCATION CENTER